Ketchup

Ingredients:

- 2 cups tomato juice or whole canned tomatoes (puree yourself)
- 1-3 tablespoons white vinegar
- Honey and/or saccharin to taste
- Bay leaf (optional)
- Salt and pepper to taste

Directions:

Mix all ingredients except sweetener and simmer on stove until thick, stirring often to prevent sticking.

When almost the desired thickness, add sweetener to taste and complete cooking.

Ladle into sterilized jars and seal immediately OR place in small containers and freeze.